

### THE COUGAR DIGEST

Coconut Creek High's Official Monthly Newsletter



### **WELCOME TO OUR SECOND EDITION**

A message from the CCHS Newsletter
Committee

Hello Cougars,

As we continue to move back towards normal, our team will continue to keep you informed all that is happening at Coconut Creek. Please look for a newsletter each month to stay up to date and we look forward to seeing you all back on campus in the future. But for now check out what is happening for the month of April and stay safe.

#### **INSIDE THIS MONTH'S ISSUE:**

Calendar of Events
Sports News

**Club News** 

**Student Spotlight** 

**Community Spotlight** 

Admin Spotlight

Alumni Spotlight

Mindfulness Practice

Resources

### **CALENDER OF EVENTS**

**APRIL 2ND** 

DAY OFF

**APRIL 5-13** 

FSA FIA WRITING 9TH GRADE

**APRIL 15-22** 

FSA ELA WRITING 10TH GRADE

APRIL 22

TAKE YOUR DAUGHTERS/SONS TO WORK DAY (VIRTUAL)

APRIL 26-30

MAKEUP FOR ELA WRITING 9 & 10

APRIL 26

CAMBRIDGE PAPER 1 ESSAY

APRIL 28

CAMBRIDGE PAPER 2 COMPREHENSION

APRIL 30

CAMBRIDGE PAPER 1 PROBLEM SOLVING

### ORDER YOUR YEARBOOK BY



### APRIL 15 - SAVE \$10!

This school year has presented a once in a lifetime challenge for Cougars and parents to overcome with pride; the Creek yearbook team has followed life at Creek every step of the way!

Limited copies of the 2021 Yearbook are available for purchase at creekyearbook.com. This year is quickly coming to an end, so don't wait: Order one before April 15 and save \$10!

### SPORTS NEWS





### APRIL UPCOMING SPORTING EVENTS

APRIL 151

4:15 PM -VARSITY BASEBALL VS PLANTATION @ CREEK

4:30 PM - BOYS VOLLEYBALL @ CS CHARTER

APRIL 51H

- BOYS VOLLEYBALL VS WESTERN @ CREEK LIVES

APRIL 6TH

4:30 PM - FLAG FOOTBALL @ SOMERSET PREP

APRIL 8TH

4:30 PM - FLAG FOOTBALL @ BOYD ANDERSON

APRIL 91H

3:45 PM - VARSITY BASEBALL VS FT. LAUDERDALE @ CREEK

APRIL 13TH

4:30 PM - FLAG FOOTBALL VS. HOLLYWOOD HILLS @ CREEK

APRIL 151H

4:30 PM - FLAG FOOTBALL VS WESTERN @ CREEK

4:30 PM- BOYS VOLLEYBALL @ CORAL SPRINGS

6:30 PM - VARSITY BASEBALL @ PLANTATION

APRIL 191H

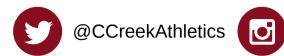
4:30 PM - BOYS VOLLEYBALL @ WESTERN

APRIL 201H

4:30 PM - BOYS VOLLEYBALL VS CORAL SPRINGS @CREEK

6:30 PM - VARSITY BASEBALL @ NORTHEAST

### **SPORTS NEWS**





@CCreekAthletics

APRIL 215T

4:30 PM - BOYS VOLLEYBALL VS DOUGLAS @ CREEK 2021 SENIOR NIGHT!!! COME AND SUPPORT OUR SENIOR VOLLEYBALL PLAYERS

### MARCH RECAP

Over the course of the last month, our spring season is officially underway with four teams in action. Our girls flag football team is still looking for its first win and will have plenty of opportunities in the month of April. Our baseball team closes out the month with a win against Blanche Ely and sits at a 3-5 record. Our boys volleyball team has competed at a high level against some tough competition and will look to add on some more wins to their record in April. Lastly, our track team has had a positive showing finishing 1st or 2nd in many different events over the course of their season. Good Luck to all our athletic teams in April!!!

### **COACH'S CORNER** MEET COACH BODINE-LANDIS

Coach Bodine-Landis is entering her 3rd season as Varsity Head Coach for the Cougars. She is very proud of the direction that the program is going. Since her appearance, the cougars have added new coaching staff as well as a Junior Varsity team. Developing young men into baseball players is nothing new for Bodine-Landis as all her sons played baseball since the age of 4. Her youngest son is pursing the next level. During the pandemic, she has been most impressed with the work ethic and attitudes her players have demonstrated. She is looking forward to see the program excel in hopes next year will bring even more participation.



### **CLUB NEWS**

#### ARMY JROTC

TUES & THURS | FACE TO FACE
WEDNESDAY | VIRTUAL
INTERESTED? CONTACT PETER.MAHMOOD@BROWARDSCHOOLS.COM



#### GREAT THINGS THAT HAPPENED IN MARCH @ ARMY JROTC

JROTC Drill Team - 3rd Place in Broward County Drill Meet

#### **UPCOMING EVENTS**

Cadet of the Year Competition in April Our cadet is Rojanni Wisdom



### **CLUB NEWS**

### Are you interested in getting involved at Creek?







#### 21ST CENTURY COMMUNITY LEARNING CENTER

MON-THURS | SOME FRIDAYS
VIRTUAL
INTERESTED? CONTACT
CAROL.JOHNSON-COOTE@BROWRADSCHOOLS.COM

#### **UPWARD BOUND**

WEDNESDAYS @ 2:30 PM
VIRTUAL
INTERESTED? CONTACT
SHERYL.GARFIELD@BROWARDSCHOOLS.COM
JUNE.COLE@BROWARDSCHOOLS.COM





#### **WOMEN OF TOMORROW**

3RD THURSDAY OF EVERY MONTH @ 2:30 PM VIRTUAL INTERESTED? CONTACT SHERYL.GARFIELD@BROWARDSCHOOLS.COM

### **CLUB NEWS**

#### **GAY-STRAIGHT ALLIANCE**

VIRTUAL
INTERESTED? CONTACT
MARY.SLEBODNIK@BROWRADSCHOOLS.COM

### EL NUEVO AMANECER | SPANISH NATIONAL HONOR SOCIETY

WEDNESDAY @ 1:45 PM
VIRTUAL & FACE TO FACE
INTERESTED? CONTACT
MARIA.CASANOVA@BROWRADSCHOOLS.COM
T: 956-900-2732









## MENTORING TOMORROW'S LEADERS | MTL TUESDAY | 2:15PM VIRTUAL INTERESTED? CONTACT TEXT @CREEEKMTL TO 81010





#### **CCHS CARIBBEAN CLUB**

TBA
INTERESTED? CONTACT
SHARON.PITTERS@BROWARDSCHOOLS.COM



#### **BEST BUDDIES**

ONCE A MONTH | LAST FRIDAY OF EVERY MONTH VIRTUAL INTERESTED? CONTACT KRISTINE.LOMBARDI@BROWARDSCHOOLS.COM







### STUDENT SPOTLIGHT



Laura Pineda

Laura is courageous she is always trying to learn by asking and answering questions even when her peers are afraid to do so. She is respectful to her teachers and other staff members as well as her peers. Laura is energetic and willing to help others at all times. She is not perfect but evolving as she learns the art of self-control in the face of opposition from peers. Laura is kind and genuine with her talents and seeks to help others become their best I believe Laura should be considered because she has the true cougar spirit of sharp keen consciousness and the courage and humility to not only become great but opens herself to making sacrifices for others.

















Vincenzo Alfonso Feliz

Vincenzo has been working as the Student Manager for the Athletic Training Program for the last 2 years. I have watched him interact with various students and administrators on such respectable levels that student-athletes believe he is an employee of Coconut Creek. Vincenzo brings positive energy into the Athletic Training Room on a daily basis and has never completed a task without 110% effort. He has grown tremendously since I met him as a Junior. He has become more confident in his skills, his abilities and becoming a leader in the program.

### STUDENT SPOTLIGHT



Malik Reed



Rojanni Wisdom

Malik has been implementing what he is learning from his after-school program (UCO) on how to run a micro business. You may have seen Malik around campus asking if you would like to support his new business of masks and t-shirts. He is the class supervisor and is learning essential life skills such as teamwork, effective communication, and money management.

Rojanni, is the Student Drill
Commander of the Coconut Creek
JROTC Program. As a Senior, Rojanni
is planning drill practice and focusing
on the safety of outdoor activities for
our cadets! He has developed
modified training for his fellow
students and explains to them how to
follow safe COVID protocols. Rojanni
Wisdom has been nominated to
represent Coconut Creek HS, at the
2021 Cadet of the Year competition
for Broward County Schools



Thanh Tran

Lili is the sweetest girl. She is very polite, kind and respectful. Such a joy to have as a student.















# COCONUT CREEK TEEN POLITICAL FORUM

The city of Coconut Creek has created the Teen Political Forum in an effort to connect the youth of our community to local, county, state, and federal elected leaders. Students from the 5 Coconut Creek high schools: Coconut Creek High School, Atlantic Technical College, College Academy at Broward College, Monarch High School, and North Broward Prep Academy will be participating in the 2nd annual Teen Political Forum event on April 20th at 6:00pm. The event will take place via ZOOM and Livestream on YouTube.

Milkin Vasquez, 11th grade CTA student, is dual enrolled at Coconut Creek High school and Atlantic Technical College, spoke about his wonderful experience as a member of the Teen Political Forum. Milkin stated that it has helped him with his leadership skills. He also stated how much he has learned about his community, the leaders, and the functions of government on the local, state, and federal level. He was honored to be chosen for this group and really enjoys working with committed teens from all around Broward County. Please look at our website for login information for this wonderful event on April 20th at 6:00pm.



### **ADMIN NEWS SPOTLIGHT**

Meet our Cougar Admin



### What is your favorite thing about your career?

"Being able to connect with students and making a difference in their lives"

### What is your proudest accomplishment?

"I have two. Being a father to three wonderful kids and having the honor of serving my country"

### What is your favorite book to read?

I have so many. I love post-apocalyptic books. "

### MR. CALERO 11th Grade AP

#### What makes you laugh the most?

"I love doing pranks on my family and friends. They may not always enjoy it but it does make me laugh the most."



What is your favorite game or sport to watch and/or play?

"Baseball and Softball"

If you could only eat one meal for the rest of your life what would it be?

"Pizza"

#### Something you would like to share about yourself

"I play on a travel softball team and have played in the Softball World Series three years in a row finishing in the top ten each year."

### **ALUMNI SPOTLIGHT**



CHAU BUI CLASS OF 2009

Chau completed her undergraduate degree in Biological Sciences from Florida Atlantic University. She completed it with Summa Cum Laude Honors in 2013.

From there Chau attended the University of Miami Miller School of Medicine and received her Doctorate in Medicine in 2018.

She in the process of completing her residency at Jackson Memorial Hospital and is expected to complete her post graduate Anesthesiology Residency in 2022.

Chau is most proud of being a first generation immigrant and first generation college student who eventually went off to earn an MD (with a full ride college scholarship and very generous medical school scholarship). Hard work pays off, but only if you're willing to work for it.

She also wanted to share some words of wisdom to our current students at Coconut Creek High School.

"Just a general word of advice that helped me progress through medical school and residency: You will meet people who will help because they know you're clueless and also people who will take advantage of it. Don't be afraid. Know when it's okay to smile and let it go or when to hold your ground. I'm very lucky to have amazing mentors along the way; you will find help when you need it. The transition from being a carefree high school student to college student and finally to a career adult isn't easy. You'll feel the fatigue. Maybe not your first day, or your second week, or even a few months down the line, but it's there and it'll hold you hostage... be kind to your family and friends and all who support you through your journey. But most importantly: be kind to yourself. Don't forget to sleep and eat. Take time to see your loved ones. This is the mentality that helped me survive 80-hour work weeks. Also, never let anyone tell you what your capabilities are. Only you can do that."

### **MINDFULNESS**

#### APPS TO BECOME MORE MINDFUL AND STRESS-FREE

- Aura. Available on iOS and Android for free.
- buddhify. Available on iOS for \$4.99 and Android for \$2.99.
- Breethe. Available on iOS and Android for free.
- · Calm. Available on iOS and Android for free.
- Headspace....
- Insight Timer. ...
- · Omvana....
- Pause and Sway.

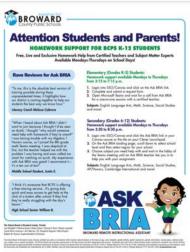




### RESOURCES

#### Ask Bria:

Our districtwide evening academic assistance is now available! This service will be provided Monday through Thursday from 3:00 p.m. to 8:00 p.m. Students will find a link in their Canvas courses to "Ask BRIA" (Broward Remote Instructional Assistance). By clicking on that link, they will be guided to a live Teams session with a certified teacher to receive academic support. A link has been published in all students' Canvas courses entitled "Need Assistance With Schoolwork- Ask BRIA". Please use this service when your child needs help with their homework needs!



### RESOURCES

#### How to:

#### Virtual Counselor



#### Why?

- · Accessible to parents and students
- Attendance
- Academic History
- Assignment History
- Test Scores
- Unofficial Transcript- Graduation Information
- Marking Period Grades
- Student Schedule

#### How to Log in

http://bcps.browardschools.com/ VirtualCounselor/

• Student Schedule

#### Pinnacle Gradebook Benefits

- · Pinnacle Parent Internet Viewer (PIV)
- · Grades 6 thru 12
- · Access grades for each class
- · Stay up-to-date with class progress
- Receive email alerts for grades and absences



#### How to log on:

https://gb.browardschools.com/pinnacle/gradebook

Username: StudentID#@my.browardschools.com

Password: PMM/DD/YEAR (Your date of birth typed exactly as shown)

For Example:

December 10, 2000, the password would be P12/10/2000

#### **Pinnacle**

#### Benefits

- · Researching careers, colleges, and majors
- Finding local and national scholarships and enrichment programs
- Exploring students' career interests, learning styles, personality types, and multiple intelligences
- Building resumes and holistic portfolios for job and college applications
- Setting goals and developing personalized plans for success
- Requesting and sending transcripts.
- Learning about success skills, financial planning, self-discovery, and building a support network



#### Take a look

https://vimeo.com/313390032

#### Coconut Creek's Naviance Website

https://student.naviance.com/coconutchs

### How do I get to school?

**Naviance** 



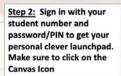


Step 1: Go to sso.browardschools.com



Step 3: Use the "courses" button on the left blue navigation bar to access your courses or you can click on the canvas Tile to bring you into you Canvas course.

Canvas





Step 4: Read any of your teacher's announcement at the top of the homepage of the canvas course then look for assignments below

### **Stay Connected With Creek**

School Website: Coconutcreekhigh.browardschools.com



@Coconutcreekhigh



**@CreekMagnet** 



### Athletics:

https://www.browardschools.com/domain/19466



**OCCreekAthletics** 



**OCCreekAthletics** 





Mentoring Tomorrow's Leaders

@mtl\_creek





@Creek\_BB



